



FITNESS + FIGURE + BODYBUILDING + SPORTAEROBICS + MALE-FEMALE MODEL SEARCH + HIP-HOP DANCE CREWS + BALLROOM

**TRIPLE-A FITNESS & BODYBUILDING CHAMPIONSHIPS!  
"A DIFFERENT KIND OF SHOW!"  
GREAT PRIZES, GREAT PEOPLE, GREAT SHOWS!**

*Christopher's*

**14<sup>TH</sup> INTERNATIONAL LEGACY GRAND FINALS FITNESS CHAMPIONSHIP!**



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**AUGUST 22, 2010 RENO, NEVADA USA**

**Host Hotel: Grand Sierra Resort & Casino**

**<http://www.grandsierraresort.com/> - Rates as low as \$79 per night!**

**This show takes place right after Ms. Fitness USA & Worlds!**

**TAKE ADVANTAGE OF THIS GREAT OFFER:**

**Register in advance for the LEGACY FINALS & you will be automatically qualified for Ms. Fitness USA!**

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**YOU MUST BE PRE-REGISTERED FOR THE LEGACY SHOW BY AUGUST 1, 2010 TO AUTOMATICALLY BE QUALIFIED FOR BOTH THE LEGACY FINALS AND MS. FITNESS USA.**

**PRE-REGISTRATION INCLUDES PAYMENT OF ALL REGISTRATION FEES.**

**YOUR REGISTRATION PACKET & RULES & GUIDELINES ARE INCLUDED HEREIN.**

**IF YOU WISH: EMAIL CLAIRE MCNALLY: CLAIRE @TRIPLE-A.NET. YOU CAN ALSO CALL: 617 680 5953**

**Compete in these categories:**

**FITNESS + FIGURE + BODYBUILDING + SPORTAEROBICS + MALE-FEMALE MODEL SEARCH + HIP-HOP DANCE CREWS + BALLROOM + JUNIORS**

**UP NEXT - FINAL SHOW OF THE YEAR!**

**"MONSTER MASH HALLOWEEN BASH &  
"6<sup>TH</sup> UNIVERSE OF FITNESS CHAMPIONSHIP!"  
OCTOBER 30<sup>TH</sup> COLORADO**

## **Tentative Schedule (Subject To Change):**

*For Up-to-date Information Contact: Claire McNally 1/617 680-5953 or [Claire@Triple-A.net](mailto:Claire@Triple-A.net)*

### **SATURDAY, AUGUST 21**

(PRE REGISTRATION & DRUG TESTING @ GRAND SIERRA RESORT & HOTEL)

2:00-4:00PM – PRE-REGISTRATION/MS. FITNESS EXPO HALL (ALL CATEGORIES)

2:00-4:00PM – JUDGES TRAINING/MS. FITNESS EXPO HALL

4:00-5:00PM – DRUG TESTING/MS. FITNESS EXPO HALL

(ALL BODYBUILDING & FIGURE CATEGORIES)

### **SUNDAY, AUGUST 22**

7:30AM - JUDGES & STAFF MEETING & BREAKFAST

(Special Note: Your Free Photo-Shoot Will Take Place After Each Round Of Judging, To Capture Each Look.)

(Private/Extended Photo-Shoots Must Be Arranged w/Photographer)

8:00AM – PRELIMINARIES/PREJUDGING (ALL CATEGORIES)

**2:00PM - FINALS 14TH INTERNATIONAL GRAND FINALS LEGACY**

### **TICKETS DESCRIPTIONS & FEES**

Adult - All Day Show Pass Events Pass – \$20

Youth 8-16 years - All Day Show Pass \$10

Children 7-years and below FREE

**Triple-A Fitness & Aerobics**  
**14th Legacy Fitness & International Grand Finals**  
**August 21, Reno NV USA**  
**Event Fees**

**ADULT LEGACY FITNESS COMPETITIONS (Plus TRIPLE-A Membership Dues)**

| <u>DESCRIPTION</u>                            | <u>FEE</u> |
|---|------------|
| Ms. Fitness Legacy Open or Master's or Novice | \$99       |
| Male/Female Fitness Model Search              | \$99       |
| Ms. Figure                                    | \$99       |
| Any 2nd Category                              | \$50       |
| Any 3rd Category                              | \$20       |

**ADULT AEROBIC/DANCE ROUTINES (Per Individual, plus TAFE Membership Dues)**

|  |                |
|--|----------------|
| 1st SportAerobic, Step or Hip-Hop Prepared Routine       | \$75           |
| 2nd SportAerobic, Step or Hip-Hop Routine                | \$35           |
| 3rd SportAerobic, Step or Hip-Hop Routine                | \$10           |
| Special rate for Teams of 4 or more (No Individual Fees) | \$200 per Team |

**JUNIOR EVENTS (Per Individual, plus TAFE Membership Dues)**

|   |      |
|---|------|
| Junior Legacy Fitness                                 | \$80 |
| Junior Prepared SportAerobic, Step or Hip-Hop Routine | \$55 |
| 2nd Junior Event                                      | \$25 |

**MEMBERSHIP (required for all competitors)**

|   |       |
|---|-------|
| New Adult Membership                                  | \$45  |
| Renewed Adult Membership                              | \$35  |
| Junior Membership                                     | \$30  |
| Annual Federation Dues-EACH COUNTRY (Delegate's Fees) | \$100 |

**COMPETITION WORKSHOPS**

|                                 |      |
|---------------------------------|------|
| Judge's Seminar & Certification | \$50 |
|---------------------------------|------|

**AUDIENCE TICKETS:**

There is only one price for each ticket and it is good for the entire day; come to 1-event, come to all events...  
 All tickets are good all day. **Your ticket also includes admission to the "Victory Party"!**

| <u>DESCRIPTION</u>                        | <u>FEE</u>  |
|---|-------------|
| Adult - All Events Pass                   | \$20        |
| <b>Youth 8-16 years</b> - All Events Pass | \$10        |
| <b>Children 7-years and below</b>         | <b>Free</b> |

**Triple-A Fitness & Aerobics**  
**14TH LEGACY - International Grand Finals Registration Form**

Please mail to:

TRIPLE-A FITNESS & AEROBICS HEADQUARTERS  
816 WESTMOUNT DRIVE SUITE 203, WEST HOLLYWOOD, CALIFORNIA 90069  
Or Fax: {00} 1 (781) 281-2872 **NO FAXED REGISTRATIONS will be accepted after 8/15/10**

**Your Name:** \_\_\_\_\_

Street Address \_\_\_\_\_ Unit/Apt # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Postal/Zip Code # \_\_\_\_\_

Country \_\_\_\_\_

Phone \_\_\_\_\_

(Include all area codes & country code for phones numbers outside the US)

E-mail Address \_\_\_\_\_ Facebook \_\_\_\_\_

Name of Event: \_\_\_\_\_

How did you hear about this Triple-A Event? (Write Best Answer) i.e.

Saw A Show-Got An Invitation-Website/Internet-Mailing-Health Club-Other \_\_\_\_\_

You Are Here At This Event As...(Circle all that apply)

**STAFF MEMBER-JUDGE-PRESENTER-DELEGATE-WORKSHOP/MASTERCLASS  
COMPETITOR or WANT TO BE SENT INFORMATION FOR FUTURE EVENTS**

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**If you are NOT COMPETING & you {STOP HERE}**

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Fitness Competition Categories (Circle all events that you are entering)

**Body Building Male-- Body Building Female-- Ms. Figure**

**Mr. Fitness---Mr. Physique--- Ms. Fitness---Junior's Fitness---Master's Fitness---Model Search**

(Place an "X" by the Division/s you are entering)

Novice Body Building \_\_\_ Master Body Building \_\_\_ Open Body Building

\_\_\_ Fitness(Pro/Elite) Fitness (Open) \_\_\_

Master's Division (Ages 38 Plus) \_\_\_ Junior's Division (Ages 7-17) \_\_\_

Male/Female Fitness Model Search \_\_\_

For Fitness, & Model Search Categories Only

Height: Feet \_\_\_\_\_ Inches \_\_\_\_\_

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**IF NOT COMPETING IN SPORTAEROBIC EVENTS STOP HERE! SKIP BELOW TO FEES.**

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**SPORTAEROBICS, HIP-HOP, STEP & DANCE CATEGORIES**

(Place an "X" by all that apply)

SportAerobics "Prepared Routines"

Singles-Men/Women \_\_\_\_\_

Duos \_\_\_\_\_

Partner's Name \_\_\_\_\_

Trios \_\_\_\_\_

Teammates Names \_\_\_\_\_ and \_\_\_\_\_

Quads Plus (4 or more) \_\_\_\_\_ Team Name \_\_\_\_\_

"Follow-the-Leader" \_\_\_\_\_

STEP "Prepared Routines" \_\_\_\_\_ Hip-Hop "Prepared Routines" \_\_\_\_\_

**Fees**

***IMPORTANT NOTICE! The registration deadline is 1-week prior to each event. All Registration Forms & Fees NOT RECEIVED on or before that date and/or all DAY OF EVENT Registrations WILL BE CHARGED A \$25.00 LATE FEE!!!***

Membership Fee: \$45 Adult New/Re-Activating Members, \$35 Adult Annual Renewal, \$30 Juniors  
*All participants must be Triple-A Fitness Members.*

My Competition Fee Is: \$ \_\_\_\_\_

My Membership Fee Is: \$ \_\_\_\_\_

*(Must Have Current 2010 Membership)*

My Judge's Training Fees Are: \$ \_\_\_\_\_

# Of Show Tickets (See Fees Page): Adult \$ \_\_\_\_\_ Youth \$ \_\_\_\_\_ Children (Free) \_\_\_\_\_

My Total Event Fees Are: \$ \_\_\_\_\_

My Tickets Total Is: \$ \_\_\_\_\_

My Combined Total Fees Are: \$ \_\_\_\_\_

My Late Fee Is: \$ \_\_\_\_\_

METHOD OF PAYMENT (Circle One)

CASH (Do not mail) or CASHIER'S CHECK/MONEY ORDER

PERSONAL CHECK

Accepted Only If Received One Week Prior To Event (Make checks PAYABLE to TRIPLE-A)

PLEASE NOTE: TRIPLE-A FITNESS & AEROBICS ***DOES NOT*** ACCEPT CREDIT CARDS!!!

*Completed Registration Forms Faxed in to {00} 1 (781) 281-2872, or that are mailed to the Triple-A Headquarters on or before the due date WILL BE ACCEPTED as Timely-Registrations, and you may pay all Fees at the On-Site Registration.*

**TO RECEIVE AN EMAILED COPY OF THE (VERY SIMPLE) 1-PAGE "RULES & GUIDELINES" VISIT:  
WWW.TRIPLE-A.NET AND SEND YOUR REQUEST BY CLICKING ONTO THE LINK TO THE HEADQUARTERS...  
Or Call 001 617 680 5953 To Have Them Posted To You!**